

MEDICATION AND PRODUCTS TO BE AVOIDED PRIOR TO SURGERY

Aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs), such as Motrin, are very strong anti-coagulants which can cause bleeding problems in normal individuals.

In addition to these Aspirin-like medications, Vitamin E and many herbal supplements (such as Garlic, Ginkgo, Ginseng, Flaxseed, Ginger, Feverfew, Bilberry, Chamomile, Selenium) can cause bleeding or adverse physiologic effects during surgery.

If you are on a blood thinner or antiplatelet medication such as Coumadin (warfarin), Plavix (clopidogrel) or Pletal (cilostazol) you must inform the performing surgeon.

Patients anticipating surgery must stop all sources of Aspirin, Aspirin-like products, Vitamin E, and all Herbal Supplements for 10 days prior to surgery and 5 days after surgery. Here are only a few of many Aspirin-like or Herbal supplement products to be avoided prior to surgery.

Advil	Darvon	Ketorolac	Pletal
Aggrenox	Daypro	Lanorinal	Piroxicam
Aleve	Diclofenac	Lioresal	Ponstel
Alka-Seltzers	Diffunisal	Lodine	Relafen
Anacin	Di-agesic	Magan	Robaxisal
Anaprox	Dipridacot	Magsal	Rufin
Anadynos	Dupyridamole	Marnal	Ru-tess
Ansaid	Disalcid	Measurin	S-A-C
APC	Dolobid	Meclotenamate	Salatin
Argesic	Dolprn	Meclomen	Saletto
Arthropan	Dong Quai Root	Mefenamic	Salflex
Arthrotec	Dristan	Meloxicam	Salicylamide
Arthritis Pain Formula	Duoprin	Mendomen	Salocol
ASA	Durgesic	Melomen	Salsalate
Ascriptin	Durasal	Methcarbamol with aspirin	Selenium
Asocdeen-30	Easprin	Micrainin	Sine-Aid
Aspergum	Echinacea	Midol	Sine-Off Sinus
Aspirin	Ecotrin	Mobic	Sinutab
Atromid	Emagrin	Mobidin	SK-65
Axotal	Emprazil	Mobigesic	Soma
Azolid	Empirin with Codeine	Momentum Backache Formula	Stanback
Bayer Products	Encaprin	Monacet with Codeine	Stendin
B.C. tablets & powder	Ephedra (Ma-Huang)	Motrin	St. John's Wart
Bextra	Equagesic	Nabumetone	St. Joseph Products
Bilberry	Etodolac	Nalfon	Sulindac
Bufferin Products	Etrafon	Naprelan	Supac
Buffets II	Excedrin	Naprosyn	Synalgos-DC
Buffinol	Feldene	Naproxen	Talwin
Buf-tabs	Fenoprofen	Neocylate	Ticlid
Butalbital	Feverfew	Norgesic	Ticlopidine
Butazolidin	Fiorinal	Novnaproxen	Tolectin
Cama Products	Fish Oil	Novodipiradrol	Tolmetin
Carisoprodol	Flaxseed	Nuprin	Toradol
Cataflam	Flurbiprofen	Oraflex	Triaminicin
Celebrex	Four Way Cold Tabs	Orudis	Trigesic
Celecoxib	Gaysal-S	Oruvail	Trilisate
Chamomille	Garlic (Allium Sativum)	Oxaprozin	Valdecoxib
Cheracol	Gelprin	P-A-C	Valerian
Cilostazol	Gemnisin	Pabalate-SF	Vanquish
Clinoril	Ginger	Pabrin Buffered tabs	Vitamin E
Clopidogrel	Ginkgo (Biloba)	Pamprin	Vivarin
Congesprin Chewable	Ginseng	Panalgesic	Voltaren
Contact	Goody's	Pamate	Warfarin (3-4 days)
Cope	IBU	Pepto Bismol	Willow Bark
Coricidin	Ibuprofen	Percodan	Yohimbe
Cosprin	Indocin	Persantine	Zactrin
Coumadin (3-4 days)	Indomethacin	Persistin	Zomax
Damason P	Ketoprofen	Plavix	Zorprin

If you must take something for headache, menstrual cramps, arthritis, or other aches and pains you may take Tylenol (acetaminophen).